

What We Provide for Our Pacific Communities

- ◆ Bowel Screening Outreach Support
- ◆ Exercise Groups
- ◆ Interpreting and Translation
- ◆ Pacific Cultural Awareness
- ◆ Vege-cation
- ◆ Whanau Ora Navigation & Support

Contact Us

Marlborough Health Hub
22 Queen Street
BLENHEIM
7201

marlboroughpacifictrust@gmail.com

[https://
marlboroughpacifictrust.weebly.com/](https://marlboroughpacifictrust.weebly.com/)

Charitable Trust since 2014



Marlborough Pacific Trust

**We support a stronger
more connected Pacific
community**

March 2019



Vege-cation

Vege-cation is encouraging fanau to grow vegetables in their backyard. Fanau are provided with the tools and the vegetables and support through backyard mentoring.

Phase One – Foot in the Door
Connecting with fanau & strengthening relationships.

Phase Two – Maintaining Relationships
Access: Providing information to register with a Doctor and connecting to necessary services.

Clinics: Working with Practices to provide dedicated clinics for Pacific.

Phase Three – Healthy As Role Modelling: “What is Healthy Living”
Support: Engagement with nutrition and activity programmes.

Vege-cation is first steps in meeting fanau, to start a “Talanoa”.

Bowel Screening Outreach Support

Support for Marlborough Pacific people aged 60 to 74 years to have a bowel screen.

Exercise Groups

Held weekly, to encourage our Pacific communities to get out and get active. For all age groups.

Interpreting and Translation

As requested, we provide interpreting and translation for Tongan and Samoan communities.

Pacific Cultural Awareness

Information for health professionals and communities, to improve Pacific peoples experiences with services in the community.

Whanau Ora

To be supported in the Whanau Ora programme, fanau need to be registered with us.

We provide support in four main areas:
Education
Achieving educational success

Finance
Support to become economically independent

Health
Living longer and Living better

Leadership
Living in healthy and safe environments

Whanau Ora is a fanau centered approach to strengthening the wellbeing and future of Pacific fanau.